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Iowa Gambling Treatment Program
Treatment-RSS Roundtable
September 4, 2015
NOTES

****Special Thanks to RoxAnn Smith for taking notes!!!**

ATTENDEES:

Allison Schwab (SASC); Alyssa P (CFR); PAmy Schutte Ring (Prairie Ridge); Andrew Frohardt (HFS); Blair Brown (ADDS); Bryan Gruhlke (Visionary); Danielle Bracken (Pathways); Eric Marquardt (UCS); Eric Preuss (IDPH); JaMaine Mauer (JRC); Karen Russell (Compass Pointe); Kelly Grunhovd (Prairie Ridge); Ki Park (UNI-CSBR); Lana Emreys (CFR); Margaret Van Ginkle (ISU-Outreach Extension Office); Mary Crawford (IDPH); Mary Losch (UNI-CSBR); Monica Wilke-Brown (IDPH); Paula Garnett (ADDS); RoxAnn Smith (JRC); Sarah Blaser (HOM); TJ Gorman (HFS); Wendy Danicourt (Prelude)

SBIRT Gambling Project (National Guard)

- Monica Wilke-Brown (IDPH) introduced Eric Marquardt (UCS) and Sarah Blaser (House of Mercy) who are the onsite counselors for the National Guard SBIRT initiative.
- 89,975 Iowans have been screened, including over 7,700 National Guard members.
- SBIRT – DG-PSS – new screening tool now available in I-SMART (under “Screens” – see PPT slides), developed for SBIRT Problem Gambling Screening Pilot Project
 - Pre-Screen question – if answer 5 or more, then complete screening tool.
- Sarah and Eric talked about their PHA events where they screen in excess of 300 soldiers.
 - Soldiers are required to visit SBIRT station, but voluntary to participate (under 5% refuse)
 - No information from the screening, brief intervention/Treatment or referral to treatment is released to the National Guard without consent of the Soldier.
 - Referrals are made through I-SMART
 - Eric/Sarah will call the agency that a referral was made and to expect a call from the soldier.
 - Soldiers that screen positive for a substance abuse brief intervention will also complete the DG-PSS in I-SMART
- IGTP Funded providers are to use the new Referral Source Code “National Guard” when creating the intake in I-SMART
 - Looking at how to use the data to track referrals and outcomes with UNI and SBIRT.
- Eric provided paper copies of the DG-PSS to be used as agencies see good use of the tool (Crisis Calls, SUDS groups, etc.).

Crisis Call Conversion and Q&A with ISU Extension Office/BETS OFF

- Eric provided a brief overview of current data related to crisis calls (see PPT slides).
- Steady decline over the past 10 years in the number of Iowans served.
- Now have baseline data regarding Iowans served by IGTP in crisis setting
 - Of the 888 Iowans served by IGTP, over 450 initiated services through a crisis service.

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- Trying to better understand the outcomes of crisis services as about 25% result in placement screenings or admissions.
- Eric discussed idea of a “Case Management” model for Crisis calls for staff to take back to their agencies for discussion (possible NIATx projects?)
 - Possible follow-up at specified intervals with caller to check status of agreed upon crisis plan, and adjust over a period of time (30 days?)
 - Assure callers are receiving assistance they need
 - Assure callers have opportunity for additional help as they need for themselves or their loved ones.
- Positive Trends
 - Placement screening surged in July and expect surge in Admission numbers when August data is finalized.
 - Some programs realized increases in number of admissions
 - Three large programs saw decrease in admissions due to staff turnover

IGTO Report – Making the data useful

- Dr. Ki Park (UNI-CSBR) presented (see PPT slides) information on the IGTO 2014 report.
- Eric made available to those in attendance in Des Moines, a copy of the agency specific reports (internal use only, not made public and will not be posted to the website).
- Encouraged counselors review UNI check off on the Placement Screening to agree to participate in follow-up study to increase number of available respondents.
- Client involvement with RSS and E-therapy had positive impact on treatment outcomes and length of stay in treatment and satisfaction
- Receiving 4 treatment services within 30 days also showed improved treatment outcomes and length of stay
- Clients receiving more services, were more satisfied with treatment
- Eric reviewed continued focus on Discharge Reason, as still seeing a large % of clients discharged as “client left” when they have completed 12 or more sessions.

30 Day Follow-up

- Dr. Ki Park (UNI-CSBR) and Eric Preuss (IDPH) reviewed the improvement in completing the 30 Day follow-up
- Eric talked about the enhancement to the 30 Day follow-up which will reduce the number of questions being asked to the behavioral health questions.

BETS OFF Website Enhancements

- Bryan Gruhlke (Visionary) provided slides showing the new BETS OFF website
- Goal is to make the site more user friendly, easy to find calls to action, reactive design to type of device being used
- Working on better tracking of site metrics and analytics.
- Will be looking to have programs/clients help test out new site before it goes live (tentatively planned by January 1, 2016).

I-SMART Enhancements and IGTP Manuals

- Eric Preuss (IDPH) talked briefly about the new manuals and will attach to the email of the session notes next week:

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- Data Integrity
- RSS Manual
- Problem Gambling Domain Data Entry User Guide and Manual
- Agencies are to carefully review each manual and email questions, comments, concerns of any of the information contained in the manuals.
- Eric will post the new manuals on the new IGTP website once it goes live (expected in the next month).

Program Updates

- Jackson (JaMaine)
 - Making sure that crisis calls are being followed up on and entered into I-SMART.
- ISU (Margaret)
 - If there are ever questions about a referral from BETS OFF, please contact ISU.
- HFS (TJ)
 - Teaching new staff about IGTP
 - Hands Across the Bridge – Recovery Month activity on 9/12
- ADDS (Blair/Paula)
 - Multiple NIATx projects are in process
 - Discharge Reasons
 - Increase Screening/Prevention Activities
- CFR (Lana)
 - Looking at Gambling Work Place Policy
- Compass Pointe (Karen)
 - Working through staff turnover and adjusting to make sure clients are being served.
- Prelude (Wendy)
 - Hired new prevention person and had nice turnout with education activities at local casino
- Pathways (Danielle)
 - Recently completed problem gambling training at Covenant Medical Center and local schools
- SASC (Allison)
 - Working through staff turnover and have a big Recovery Month coming up at a local hockey game.
- IDPH (Eric)
 - Here is the link to the UNITE to Face Addiction Rally on October 4, 2015 in Washington DC:
<https://www.facingaddiction.org/>
 - Be sure to check out the materials available on the site
 - New Jersey has given permission for use of the vimeo [“Break Even”](#) that illustrates the consequences of Online Gambling Addiction, and will be posting the link to the IGTP website.
 - Will be attending the 9/9 IGA Security Meeting to discuss EMERGE and Self-Exclusion Pilot project.

Treatment/RSS Roundtable Meeting Schedule: (send topic suggestions to Bob and Eric)

- 9 am Friday, December 4, 2015
- 9 am Friday, March 4, 2016
- 9 am Friday, June 3, 2016